



METROPOLI AGRICOLE The contribution of agroecology to sustainable food systems in metropolitan areas

Urban & peri-urban farming as pathways to agricultural transformations

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Sustainable food systems



Working approach: Transdisciplinary - Political economy

What is wrong with our food systems?

- Triple burden of malnutrition
 - Hunger, micronutrient deficiencies, obesity & NCDs
- Environmentally unsustainable
 - Biodiversity losses, water pollution, soil degradation, GHG emissions, unsustainable use of natural resources, low resilience
- Social inequities
 - Poverty, disempowerment
- Loss of cultural values, direct relationship between people and food, people and land
- → Directly associated with reliance on industrial agriculture





A paradigm shift from industrial agriculture to diversified agroecological systems

Questions considered:

- What are the outcomes of industrial agriculture and diversified agroecological systems?
- What is keeping industrial agriculture in place?
- How can the balance be shifted?

Industrial vs diversified agroecological systems

Conventional/industrial

- Mainly monocultures, concentrated animal feedlots
- Genetically uniform varieties and specialized breeds
- Vertical and horizontal segregation of product chains
- Highly mechanized, labor saving with use of seasonal labor at peak times (e.g. harvest)

Diversified agroecological

- Temporal & spatial diversification at plot, farm & landscape level
- Less uniform, locally adapted varieties and breeds
- Integrated systems with natural synergies
- More labor intensive, all year round employment with better employment conditions

Industrial vs diversified agroecological systems (continued)

Conventional/industrial

- Maximization of yield/ha from a single/few product(s)
- Intensive use of external/synthetic inputs
- Large volumes of homogenous products for national and international markets through long value chains

Diversified agroecological

- Maximization of multiple outputs/products
- Low external inputs, nutrient cycling, circular economy
- Wide range of diverse products, often marketed through short value chains. Multiple sources of production, income and livelihoods.

Outcomes of organic agriculture: productivity



"Overall, organic yields are typically lower than conventional yields. But these yield differences are highly contextual ..., and range from 5% lower organic yields to 34% lower yields" (Seufert et al. 2012)

Increased yield in 17% of comparisons for organic agriculture and 87% of comparisons for SRI (Garbach et al. 2016)

Note that most comparisons are done over short periods!

Outcomes of diversified agroecological systems: productivity & resilience

30 year comparison of organic/conventional



Data from Rodale Institute, 2015

What diversified agroecological systems can bring

- Environmental
 - Ecosystem services
 - Biodiversity
- Economic
 - Productivity and income
 - Resilience and stability
- Health: Better nutrition and healthy environment, lower occupational hazards
- Social: Decent livelihoods
- Cultural: Respect for cultural preferences and knowledge

Environmental benefits

- Keep/put carbon in the soil: turn agriculture into a solution rather than a problem (now emits between)
- Restore degraded land
- Improve ecosystem services
 - Water and nutrient cycling
 - Pollination
 - Pest and disease management



Outcomes of diversified agroecological systems: boosting biodiversity

BOOSTING BIODIVERSITY IN ALTERNATIVE SYSTEMS



VIRTUOUS CIRCLES OF ECOSYSTEM HEALTH IN DIVERSIFIED AGROECOLOGICAL SYSTEMS



Nutrition and health benefits

- Elimination of negative health outcomes of industrial agriculture due to pesticides, antibiotics
- Diverse, healthy diets
- Increased levels of beneficial nutrients, such as omega-3

fatty acids antioxidants



Social and cultural benefits

Social:

- More employment
- Employment throughout the year
- Closer links with consumers through local or regional markets



Cultural:

- Cultivation of diversity of traditional crops
- Integration of traditional knowledge



Why do we not see a major transition towards diversified agroecological systems, given the expanding evidence that they can deliver on all dimensions of sustainable food systems?

 \rightarrow The political economy of food systems



What prevents change: 8 Lock-ins



Market concentration in multiple sectors 65% ?

- 3 companies control 5%% of commercial seed market
- 7 companies control majority of fertilizer sales
- 5 companies share 68% of agrochemical market
- 4 firms account for 97% of private R&D in poultry
- 4 firms control up to 90% of the global grain trade





Emerging opportunities for the transition to diversified agroecological systems

- **Global recognition of agroecology**(MEA, IAASTD, FAO, 10YFP)
- Changing policies (Brazil, Cuba, France)
- Emerging multi-actor initiatives (FPCs)
- Integrated food systems science
- Peer-to-peer and participatory action research
- Healthy eating and sustainable sourcing
- Short supply chains, integrated territorial markets that operate at the city-region unit
- Rise of urban and peri-urban agriculture

Urban & peri-urban agriculture in the US



Meaning(s) of agroecology

- Application of ecological principles to agriculture
- Set of practices
- Philosophy
- Social movement

Table 1. Agroecological principles for the design of biodiverse, energy efficient, resource-conserving and resilient farming systems	
• over (Enhance the recycling of biomass, with a view to optimizing organic matter decomposition and nutrient cycling time.
•	Strengthen the "immune system" of agricultural systems through enhancement of functional biodiversity –
natu	ral enemies, antagonists, etc.
•	Provide the most favourable soil conditions for plant growth, particularly by managing organic matter and by
enha	ncing soil biological activity.
•	Minimize losses of energy, water, nutrients and genetic resources by enhancing conservation and regeneration of
soil a	Ind water resources and agrobiodiversity.
	Diversify species and genetic resources in the agroecosystem over time and space at the field and landscape level.
•	Enhance beneficial biological interactions and synergies among the components of agrobiodiversity, thereby
prom	noting key ecological processes and services.

Source: Gliessman 1998

Emerging social principles of agroecology

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Taylor & Francis Taylor & Francis Group

Clarifying the socioeconomic dimensions of agroecology: between principles and practices

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What urban & peri-urban agriculture bring to agroecology

- Food security
- Supplemental income
- Greater connection to land/food production
- Improved dietary diversity
- Potential for social connections
- Support for cultural values and culturally appropriate foods



Urban and peri-urban agriculture can rebuild the relational aspects of agri-culture, thereby letting people participate directly in agroecology but also fostering greater appreciation for it







Recommendations from IPES-Food report *

- 1. Develop **new indicators** for sustainable food systems.
- 2. Shift **public support** towards diversified agroecological production systems.
- 3. Support short supply chains & alternative retail infrastructures.
- 4. Use **public procurement** to support local agroecological produce.
- 5. Strengthen movements that unify diverse constituencies around agroecology.
- 6. Mainstream agroecology and holistic food systems approaches into education and research agendas.
- 7. Develop food planning processes and 'food policies' at all levels from local to international.

* Note that ALL apply to urban and peri-urban agriculture.



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